

DONTSTOP

architettura

Michele Brunello e Marco Brega

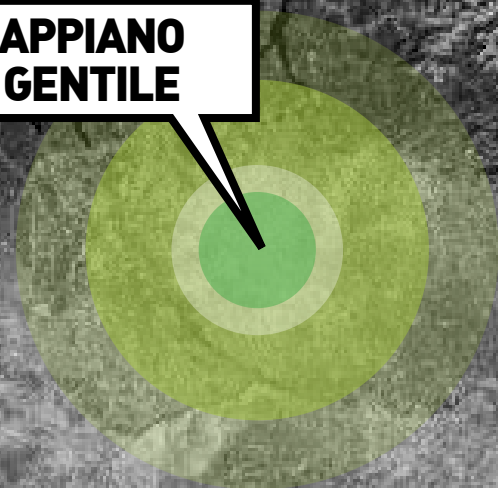
**THE NEW GYM FOR
FC.INTERNAZIONALE**

Marco Brega

co fondatore di DONTSTOP



**APPIANO
GENTILE**



THE NEW GYM FOR FC. INTERNAZIONALE

PROJECT: NEW GYM

Area: 550 MQ

PLACE: APPIANO GENTILE, ITALIA

YEAR: 2013 - 2015

The New Gym is the first major project of renovation and upgrading of the facilities of the Appiano Gentile's Sports Centre.

Is a new building designed to accommodate all the activities of athletic training and rehabilitation of the first team, while capable of reorganizing the way of access to the pitches and to provide outdoor spaces for athletic activities.



THE RENOVATION PROJECT FOR THE IMAGE OF THE SPORT CENTRE OF INTER IN APPIANO GENTILE IS ARTICULATED THROUGH THE CONSTRUCTION OF A PATH, THAT LEADS FROM THE ENTRANCE TO THE MAIN BUILDINGS. REDEFINES THEIR CHARACTERS AND EMPHASIZES THE HISTORIC MEMORY OF THE CLUB.

THE COLORS, SYMBOLS AND THE NAME OF THE TEAM ARE THE ELEMENTS USED IN THE PROJECT TO EMPHASIZE THE IDENTITY OF THE SPACES AND TO REDEFINE THE OVERALL IMAGE OF THE SPORT CENTRE.

LOCALISATION OF INTERVENTIONS



**ENTRANCE TO THE
SPORT CENTRE**



HOTEL



NEW GYM



**NEW CHANGING
ROOMS**



**PIRAMIDE
BUILDING**



**MAIN BUILDING
AND OFFICES**



**ACCESS PATH TO THE
CENTER**

BEFORE AND AFTER



entrance



green area access



access path to the center



'hotel' entrance



BEFORE AND AFTER



'pyramide' building



new offices



new changing rooms



new gym



THE NEW GYM



THE NEW GYM

IS A UNITARY AND FLEXIBLE SPACE THAT CONFIRMS THE CENTRAL ROLE OF ATHLETIC TRAINING

IS A PLACE DEDICATED TO THE PRACTICE OF DIFFERENT TRAINING AND REHABILITATION ACTIVITIES

IT IMPROVES THE SYSTEM OF PATHS AND OPEN SPACES OF ALL SPORT CENTRE CREATING COVERED AND MEETING AREAS FOR PLAYERS AND VISITORS

IT CONFIRMS THE TRADITION OF INTER SPORT CENTER ARCHITECTURE QUALITY

IT RENEWING THE RELATIONSHIP BETWEEN PINETINA AND LANDSCAPE



**INTER NEED
A NEW GYM**



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**TEAM
USES THE
TRAINING
PITCH IN ALL
WEATHER
CONDITIONS**

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**INTER EARMARK
PART OF YOUR
BUDGET TO THE
CENTER CONSUMERS
AND THE HEATING
PITCH CONSUMPTION**

**INTER NEED
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**ENERGY
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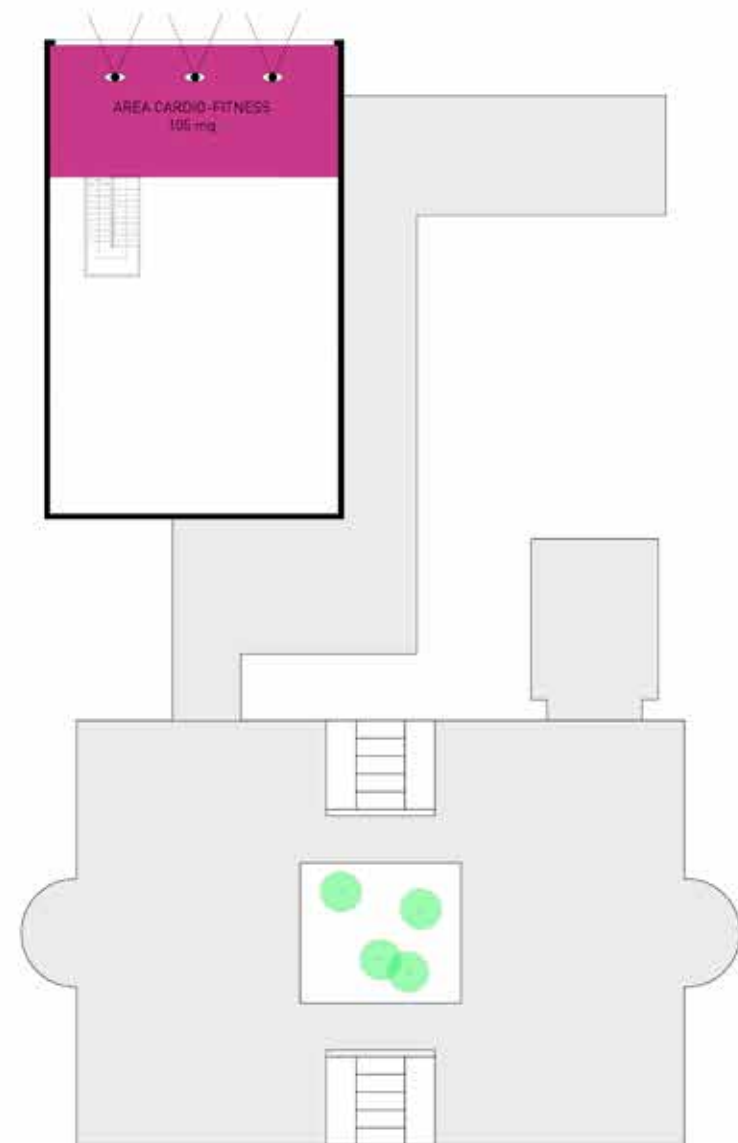
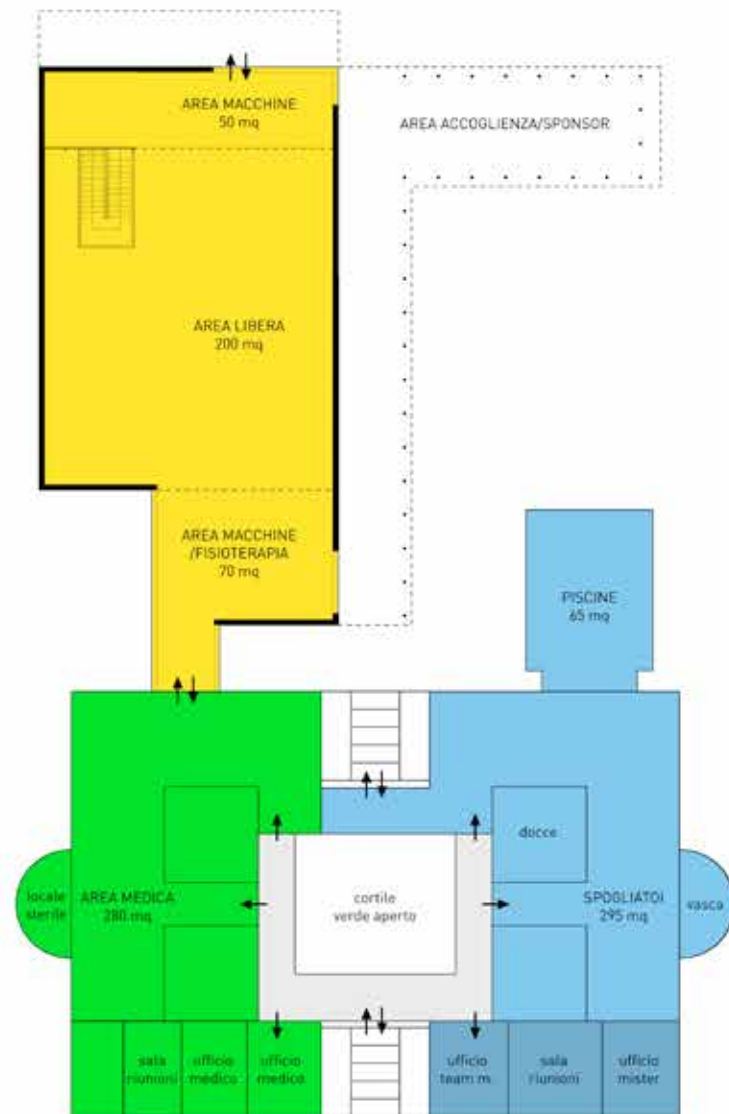
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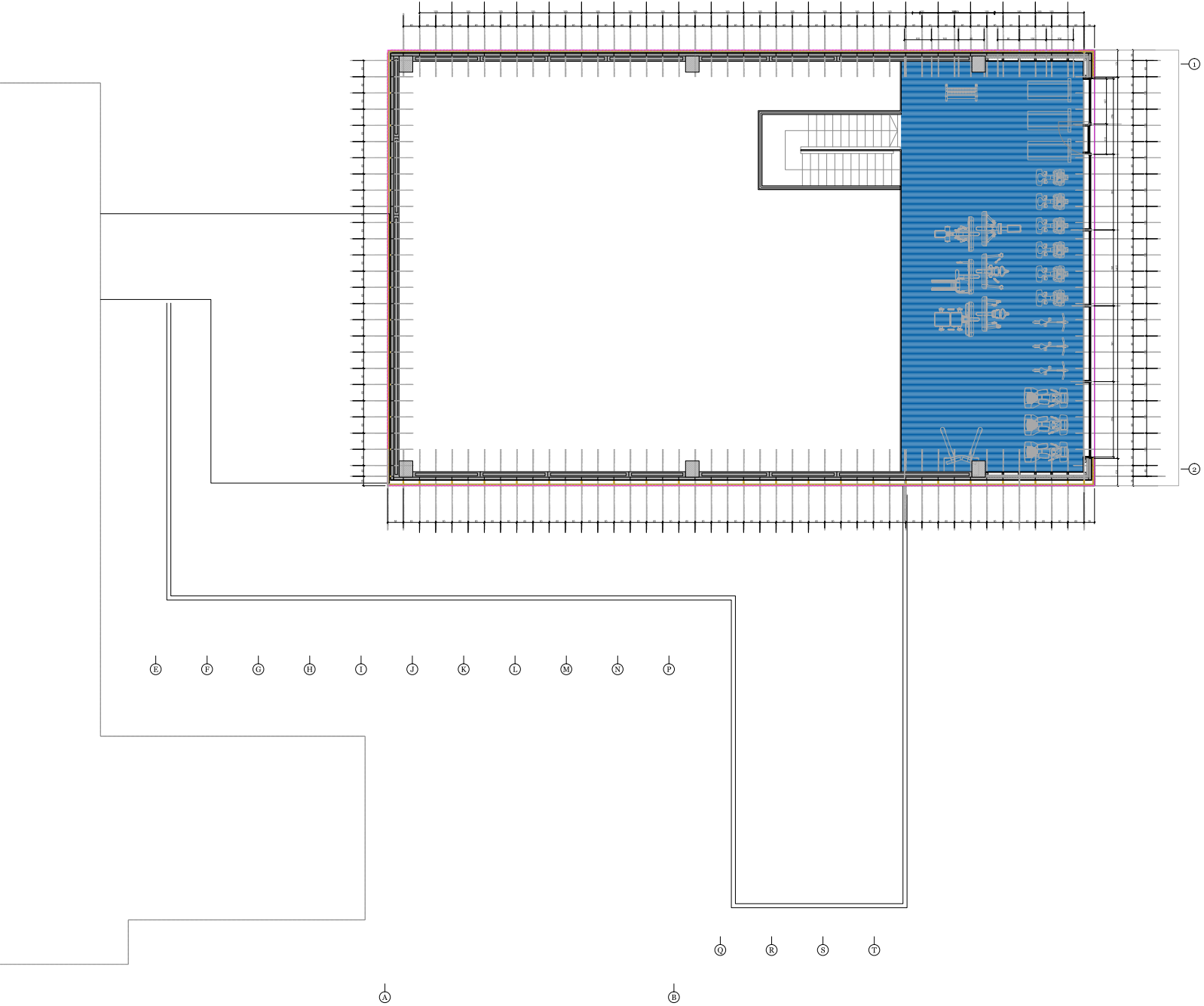
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**THE SPORTS
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A NEW AND
EFFICIENT
HEATING
PITCH SYSTEM**

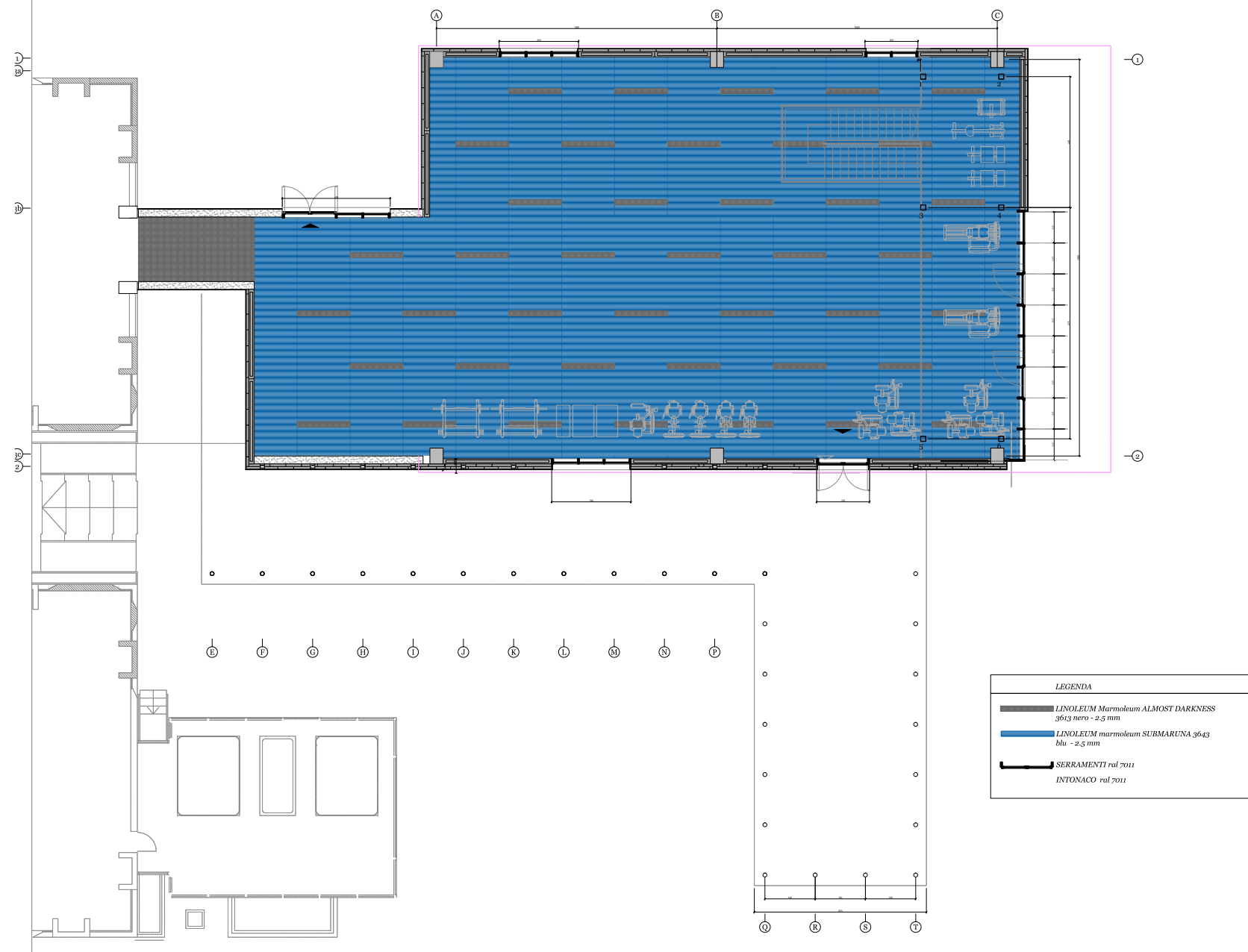
PLANTS AND PROGRAM



FIRST FLOOR



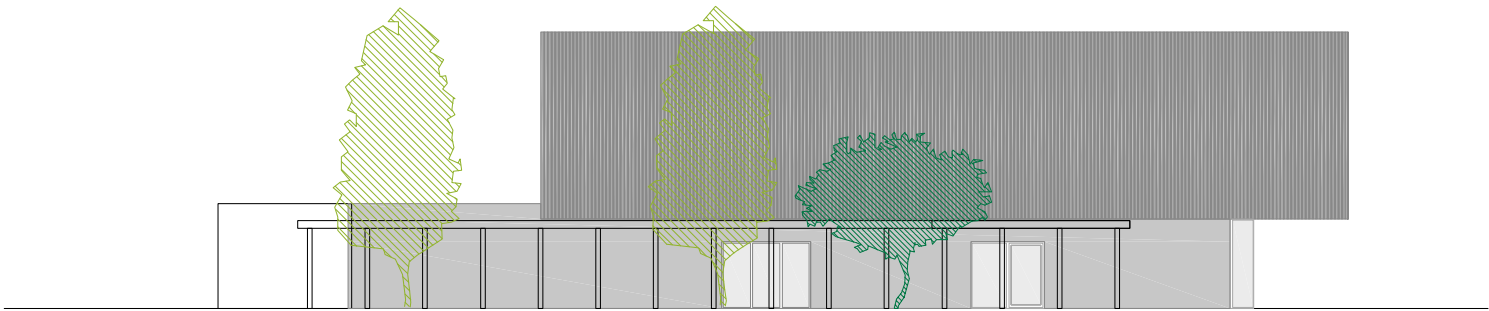
GROUND FLOOR



INCLUSION IN THE CONTEXT



ELEVATIONS



PROSPETTO LATERALE



PROSPETTO FRONTALE





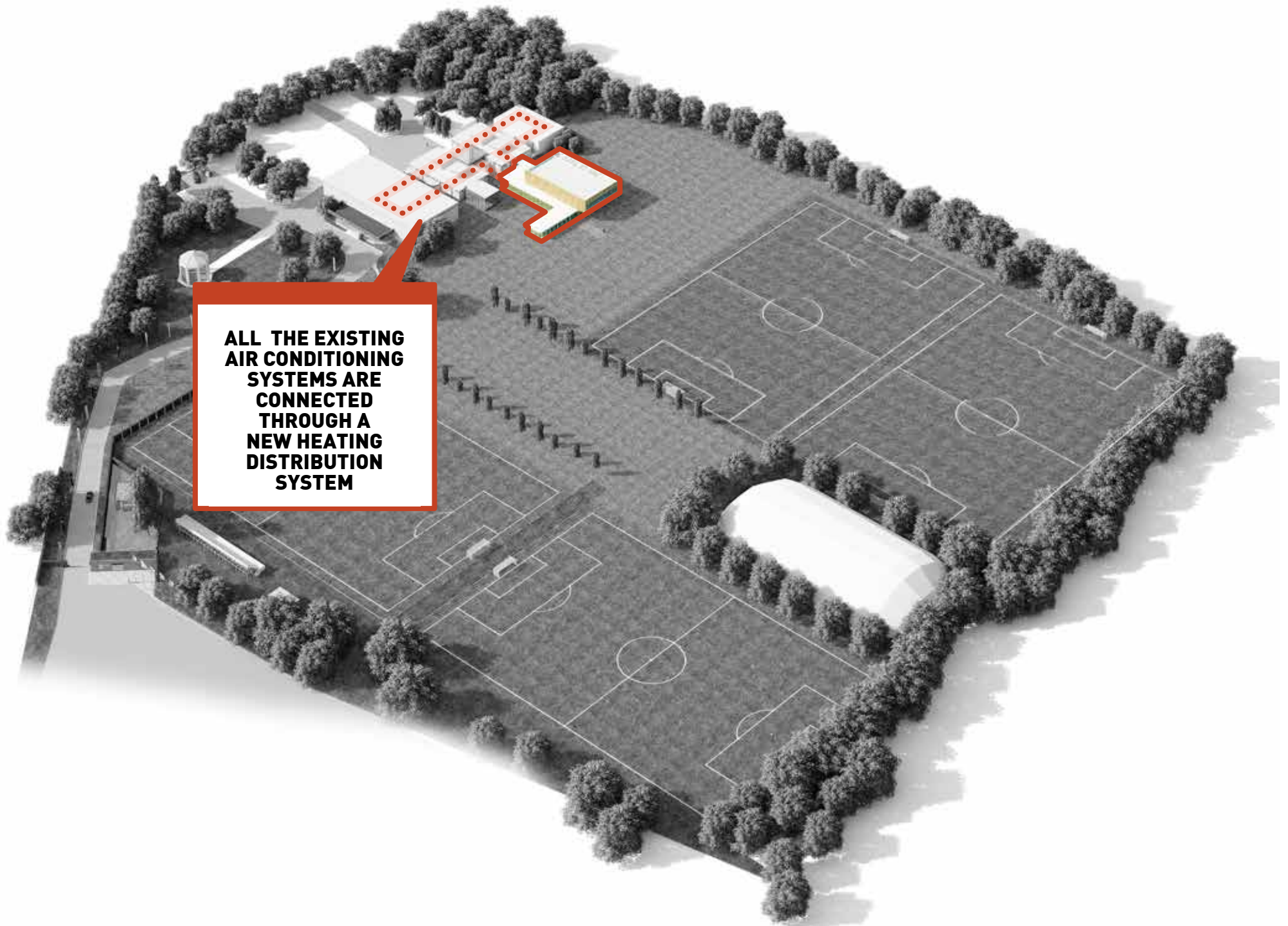
NEW GYM VS ENERGY ACCUMULATOR

THE REALIZATION OF AN EXCAVATION AND RELEVANT UNDERGROUND CONSTRUCTION WORKS FOR THE NEW TECHNOLOGICAL SYSTEM, BECAME THE OCCASION TO OPTIMIZE THE CONSTRUCTION SITE OF THE NEW GYM.

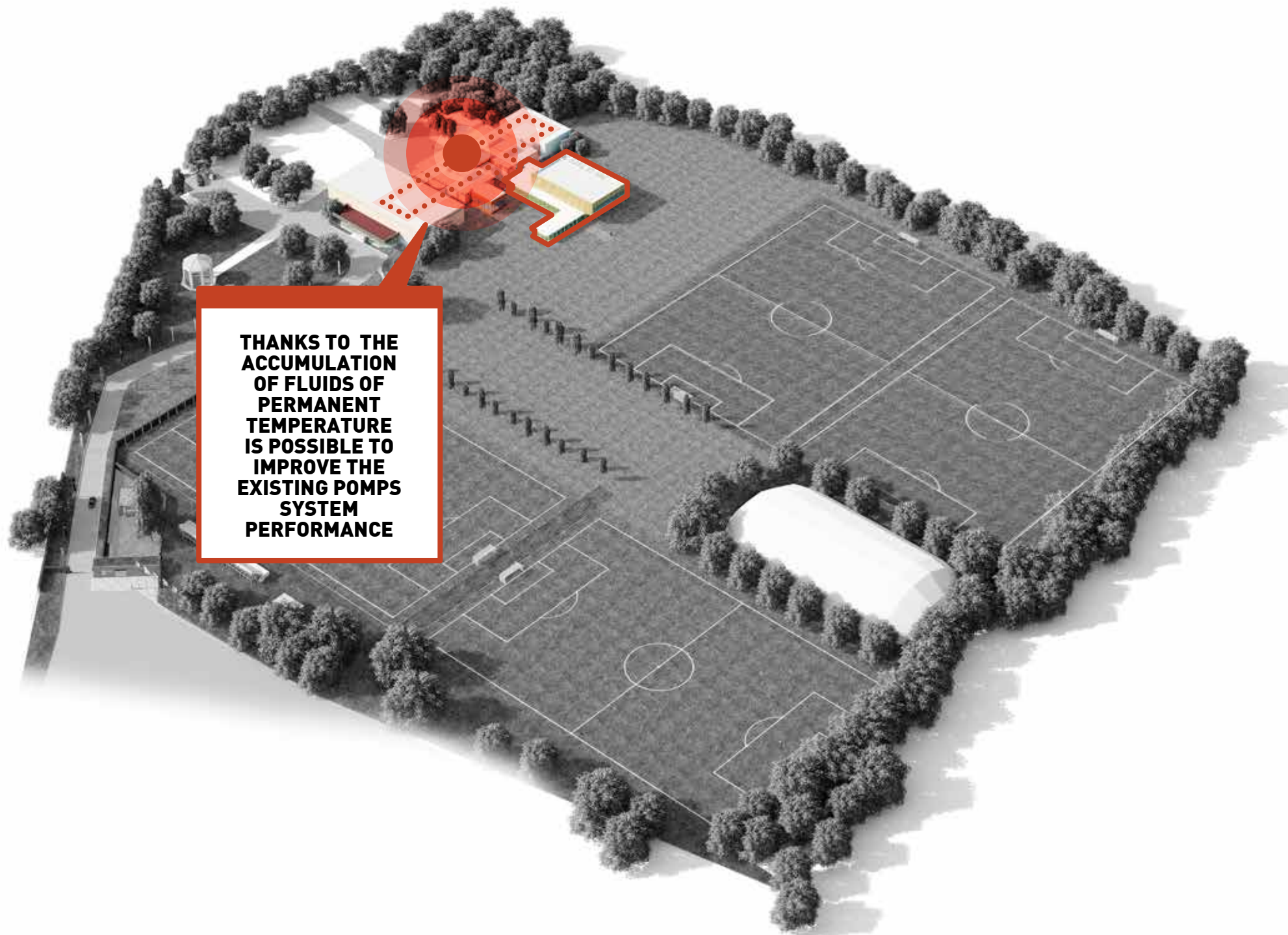




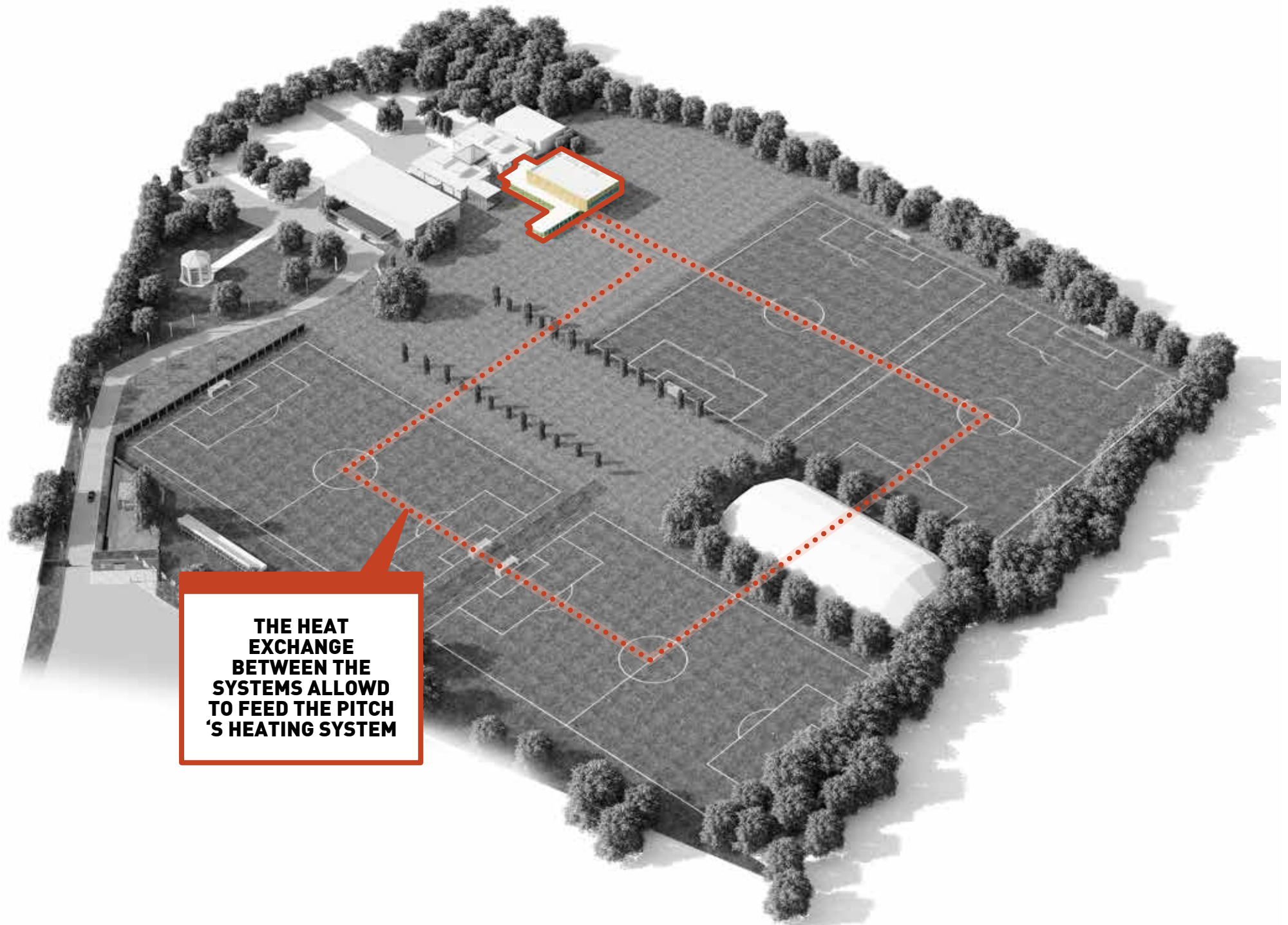
**THE GYM'S FOUNDATIONS
ARE DESIGNED AS AN
INERTIAL ACCUMULATOR
OF HEAT ENERGY**



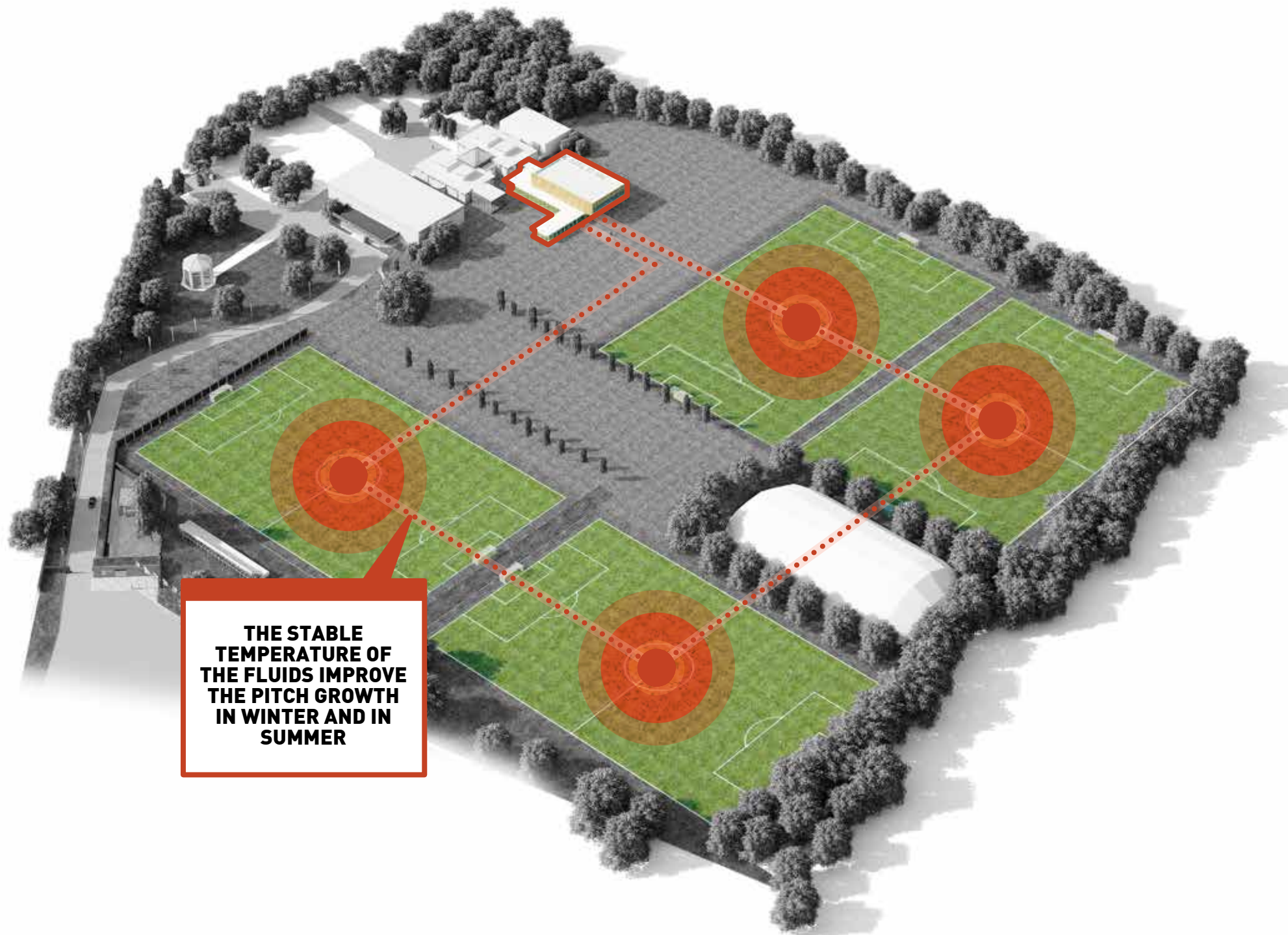
**ALL THE EXISTING
AIR CONDITIONING
SYSTEMS ARE
CONNECTED
THROUGH A
NEW HEATING
DISTRIBUTION
SYSTEM**



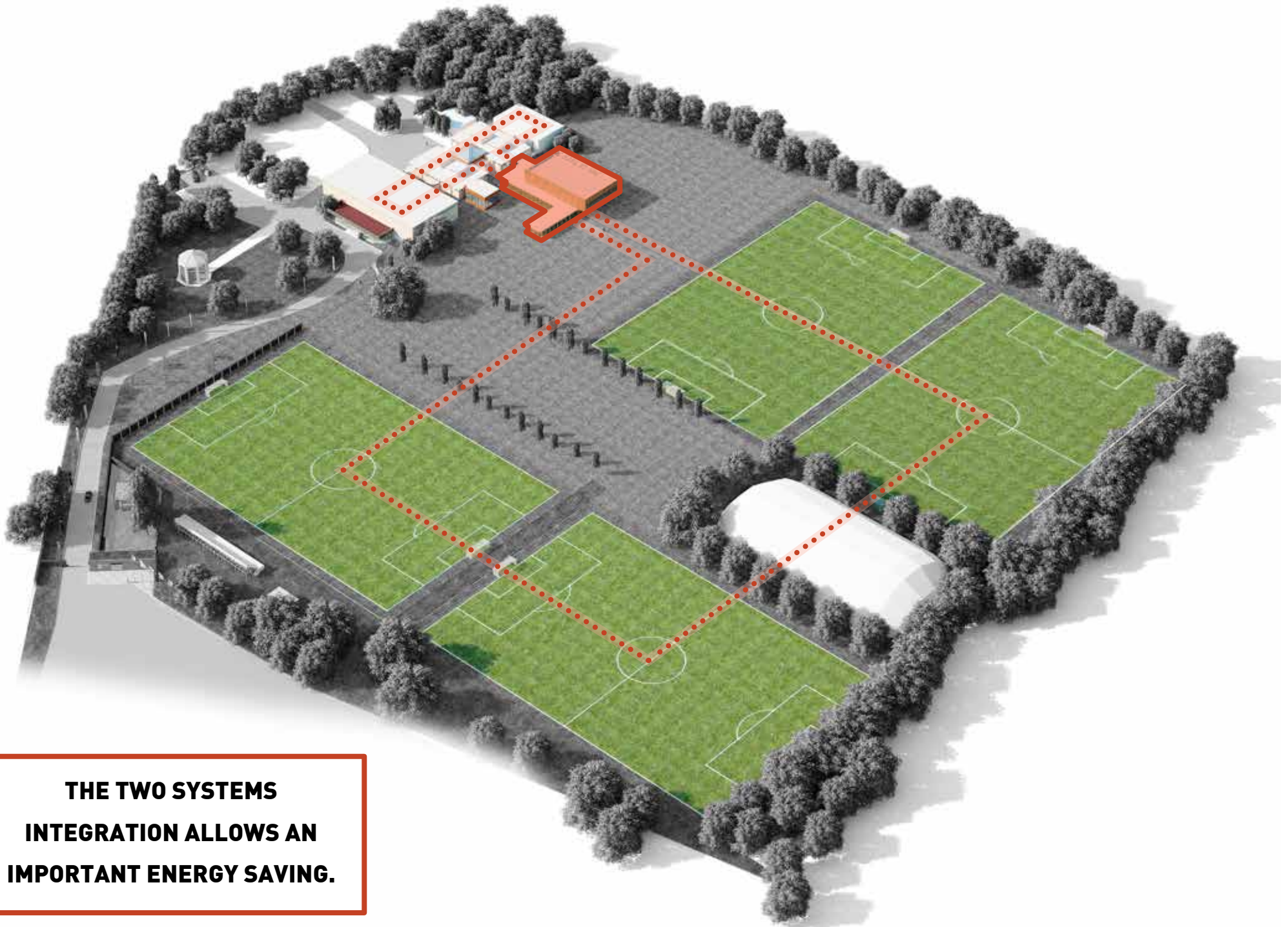
**THANKS TO THE
ACCUMULATION
OF FLUIDS OF
PERMANENT
TEMPERATURE
IS POSSIBLE TO
IMPROVE THE
EXISTING POMPS
SYSTEM
PERFORMANCE**



**THE HEAT
EXCHANGE
BETWEEN THE
SYSTEMS ALLOWD
TO FEED THE PITCH
'S HEATING SYSTEM**



**THE STABLE
TEMPERATURE OF
THE FLUIDS IMPROVE
THE PITCH GROWTH
IN WINTER AND IN
SUMMER**



**THE TWO SYSTEMS
INTEGRATION ALLOWS AN
IMPORTANT ENERGY SAVING.**

THE GYM FOUNDATIONS AND THE ENERGY ACCUMULATOR













INTERNAL GRAPHICS PROJECT

ALL RIGHT MISTER, LET
ME TELL YOU THAT
WINNING MEANS...
YOU'RE WILLING TO GO
LONGER, WORK HARDER,
GIVE MORE THAN
ANYONE ELSE.
THE HARDER YOU WORK,
THE HARDER IT IS TO
SURRENDER.

Vince Lombardi



247

EXPERIENCE TELLS
YOU WHAT TO DO;
CONFIDENCE
ALLOWS
YOU TO DO IT.

Stan Smith



198

LA FATICA
NON È MAI
SPRECATA:
SOFFRI
MA SOGNI.

Pietro Mennea



196

I HATED EVERY
MINUTE OF
TRAINING, BUT
I SAID, DON'T QUIT.
SUFFER NOW AND
LIVE THE REST
OF YOUR LIFE
AS A CHAMPION.

Muhammad Ali



181

THE WILL TO
SUCCEED IS
IMPORTANT, BUT
WHAT'S MORE
IMPORTANT IS THE
WILL TO PREPARE.

Bobby Knight



218

BECAUSE I WON'T SETTLE
FOR SECOND BEST FOR
MY TEAM. IT IS NOT MY
NATURE. I AM AFTER
EXCELLENCE IN ALL
THINGS AND THAT
INCLUDES EVERY GAME
WE PLAY.

Brian Clough



360

GO TELL ABOUT
SACRIFICES TO WHOM
EVERYDAY DESCENDS
INTO MINES OR TO WHOM
EVERY MORNING GETS OUT
OF THE BED THINKING
ABOUT THE ASSEMBLY
LINE WAITING FOR HIM
OUTSIDE THE DOOR.
I AM LUCKY, I PLAY,
I DON'T SACRIFICE.

Jaxon Leonard



308

TALENT WINS
GAMES, BUT
TEAMWORK AND
INTELLIGENCE
WINS
CHAMPIONSHIPS.

Michael Jordan



125



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Frank Zappa



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Proton Motors



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